



THE  
LANDINGS<sup>®</sup>  
*Resort and Spa*

ACTIVITIES



GROUP / CHARTER

## Deep Sea Fishing

The 'Catch of the Day' will become your thrill for the day! On this you venture about 1 ½ - 4 miles off shore. The knowledgeable boat captains take you to the best fishing spots to get Marlines, King Fish, Sail Fish, Yellow Fin Tuna, Wahoo, Dorado and Barracudas. Drinks and fruits/ snacks included. The Half Day tour is 4 hours long while the Full Day last 7 hours. Departure times may vary depending on supplier.

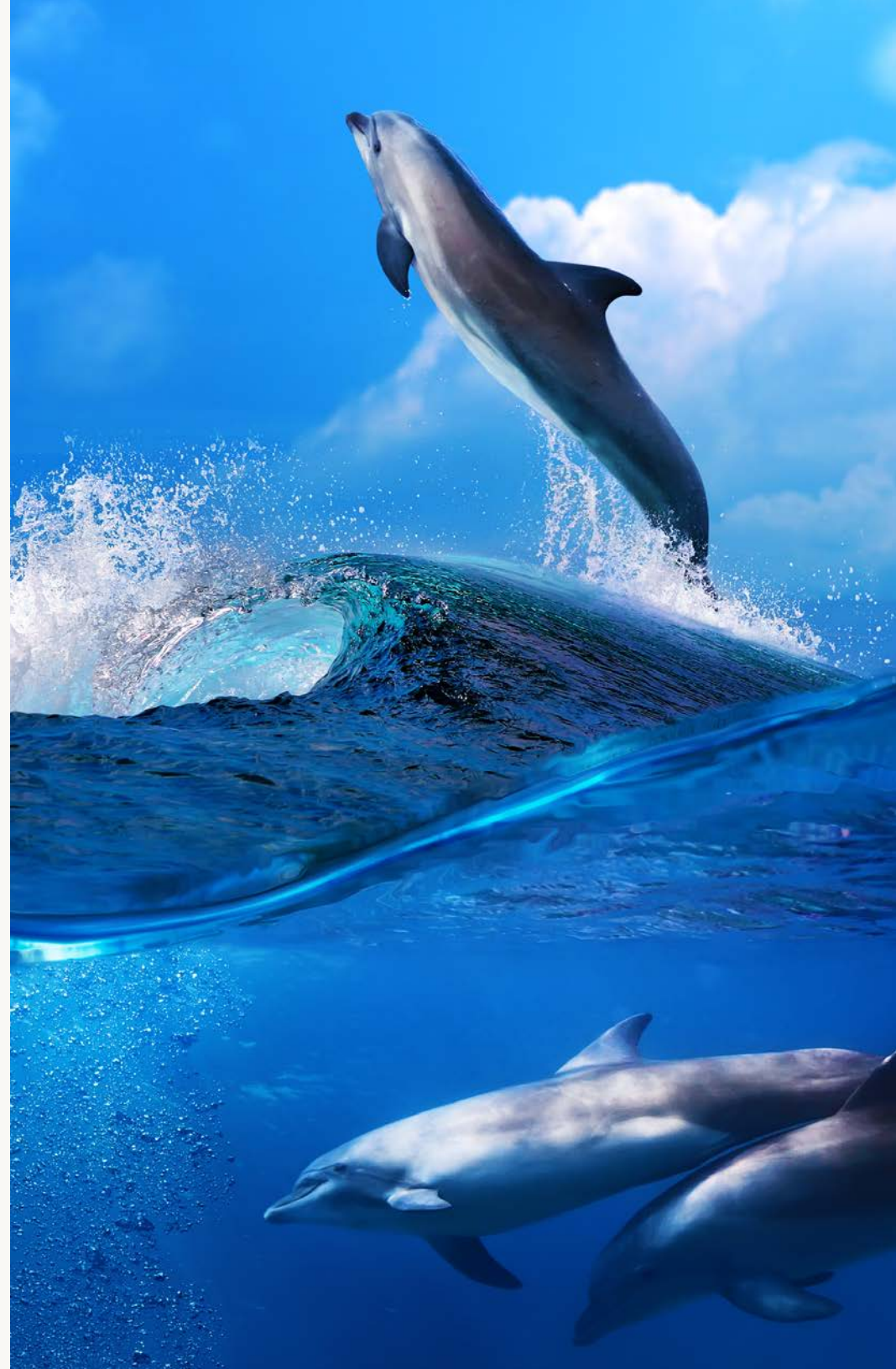
GROUP / CHARTER

## Dolphin & Whale Watching

This exciting tour takes you along the west coast of the island. The sight of the Whales and dolphins in their natural habitat, the calm waters of the Caribbean Sea is certainly a magical and unforgettable experience. The speed boats are usually accompanied by many playful dolphins. Drinks and fruits/ snacks included. The half day tour is 4 hours in duration while the full day is 7 hours long. Departure times may vary depending on supplier. Transfer fees may apply and cost \$20.00 extra per person.

## Dolphin & Whale Watching Special Tour

On this exciting tour along the west Caribbean coastline you get a chance to see Pilot Whales and Sperm Whales year-round and Humpback Whales (seasonal) The speed boats are usually accompanied by many playful dolphins (spinners, spotted, striped and fraiser) You also get to stop at a beach for sight seeing with a buffet lunch included. Tour available only on Tuesdays and is 6-7 hours long. Transfer fees apply and cost \$20.00 extra per person. Available only on Tuesday.





## SAILING CHARTERS

### The Private Romantic Sailing Sunset Cruise

Departs at 4:30PM and set sail for a romantic sunset cruise. Included is a captain & stewardess, Open Bar, Champagne for the sunset and fresh tropical fruits and snacks.

### The Half Day Sailing Charter

Morning Charters departs at 9:30 am and return at 1:30 pm while afternoon Charters departs at 1:50pm and returns at Sunset. Sail southbound to Anse Cochon exploring the west coast of St. Lucia. Swim & snorkel at Anse Cochon and tour the beautiful Marigot Bay! Included is a Captain & Stewardess, Open Bar, Champagne and fresh tropical fruits and snacks. Clients who wish to sail to the Pitons will be provided a complimentary taxi ride from Marigot Bay back to the Landing Resort.

### The Full Day Sailing Charter

Departs at 10:00AM and set sail southbound! Visit the Anse Cochon Marine Reserve, the breathtaking Marigot Bay and see the Famous Pitons. Enjoy snorkeling and swimming at some of St. Lucia most pristine beaches and return to The Landings at sunset. Included is a Captain & Stewardess, Full Open Bar, Champagne for the sunset, Gourmet Lunch, Fresh Tropical Fruits and Snacks. For clients who wish to spend more time snorkeling or swimming in the Soufriere area a complimentary taxi is provided from Marigot Bay back to your resort. At least 24 hours required to make booking.

## Soufriere Land & Sea Sailing Charter Tour

This is a popular which provides you with two contrasting perspectives of the western side of the island. You will be driven to Soufriere along the spectacular scenic west coast with knowledgeable guide pausing for some history as well as through the banana plantation in Roseau. There will be stops for refreshments (soft drinks and bottled water) and photographs. In Soufriere you will tour the Diamond Waterfall and Gardens and then visit the world's only drive in volcano and Sulphur Springs before arriving at the Stonefield Estate. You will enjoy a delicious creole lunch with cool fruit juice and fresh produce from the nearby plantation. After a leisurely lunch, you will be taken to the Soufriere Jetty to board the waiting vessel that will take you first to Anse Cochon for swimming/snorkeling then into Marigot Bay and then back to Castries.





## DIVING (SCUBA)

### SCUBA Diving

St. Lucia has some of the most scenic underwater settings in the Caribbean. There is an abundance of aquatic animals to see in designated marine reserves spread along the west coast of the island. Daily Dive and Snorkel Trips are offered for both beginners and Certified Divers. Dive Walls, Wrecks and a variety of fabulous reefs in the pristine waters of the St. Lucian Marine Reserves. An abundance of life awaits you and our unbeatable service you will never forget. Learn to Dive with our highly motivated Course Director, Staff Instructors and Dive Masters. Beginners & Experienced Programs are available from Bubble makers to Instructors. Additional charges may apply for equipment rentals.

## ALL DAY ADVENTURE CRUISE

### Soufriere Extravaganza Cruise

This is a fun filled all day, all adventure cruise down the calm Caribbean Sea upon a Catamaran to Soufriere where you see many of the famous sights of St. Lucia: The historical pitons, Toraille water fall and the Drive in Volcano. You will be treated to a buffet lunch where a variety of local cuisine awaits you. On your return, you get to swim on a clear water beach and visit world famous location Marigot Bay before returning to The Landings. Tour lasts for 8 hours. Available only on Tuesday and Friday.





## DIVING (SNUBA)

### SNUBA Diving Adventure

SNUBA Diving offers the best way to go beyond snorkeling. It is truly an ideal underwater experience. Under the supervision of friendly and certified SNUBA guides, you can intimately explore exotic marine life. The SNUBA Adventure Tour at Pigeon Island features waters offering a variety of tropical fish and marine life including: Flounder, Blue Tang, Parrot Fish, Squirrel Fish, Spiny Lobster, Arrow Crabs, Octopus and a wide range of coral life. The maximum depth is 20 feet and diving is catered to your level of comfort.



## RIDING TOURS

### ATV Tours

Riding an ATV is a thrill. Enjoy these easy to operate, fully automatic, all terrain vehicles in single and double seater. It is a guided tour through unspoiled parts of our island where riders of all levels will get the chance to explore areas most other tours cannot venture. Age restrictions apply.

### Tropical Jeep Safari

Experience St. Lucia from a unique perspective and enjoy an exciting ride to the island's interior in an open-topped Land rover jeep. You'll get the chance to see rural country life and fascinating scenery. You'll pass through the island's largest banana plantation, see the highest mountain in St. Lucia (weather permitting) and visit quaint farming and fishing villages. Along the way, you may get the chance to sample our local farmer's freshly picked fruits and cool coconut water. Tour departs at 7:25am and last for 5 hours.





SIGHTSEEING, SNORKELING, SHOPPING

## Martinique Splendor

Enjoy a full day of sun, fun, shopping, sightseeing, and snorkeling on board the Flying Ray, the only top of the line catamaran that can zip you comfortably to Fort de France in 90 minutes after boarding in Rodney Bay marina. In Fort de France, the capital city of Martinique, the choice is yours. Our stopover leaves you ample time for duty free shopping or you can combine shopping with a sightseeing tour that will take you to various monuments and landmarks of the historical old town with a French flair. All possibilities are only a few minutes' walk from the pier, including a lively open air market. Some members of our crew will gladly escort and guide you if you wish. Included is a continental breakfast, food and wine, barbecue and our captain's special dessert of "banana flambé à la Martiniquais". We will leave Martinique and cruise back to St. Lucia through the famous channel between the two islands, slowing down, more often than not; to let you enjoy the sight of the Caribbean fun loving dolphins who love to come and give our guests a farewell party of their own.

## EQUESTRIAN TOUR

### Horse Back Riding

Ride on the wild and deserted Atlantic Coast on Cas En Bas beach on its mile long shore. One hour ride along the shore, or two hours riding, plus swimming with your horse and more opportunities to take photos. At the beach they have access to restrooms, bar and souvenir shopping.





## ZIP-LINE TOURS

### Canopy Zip-line Adventure

Zip line through the tree tops in the middle of the tropical rainforest. Zip, whiz, and glide through and over the forest canopy on 12 lines (including the island's longest and highest) from platform to platform. Wear trainers or closed sandals (no flip flops). No age restriction. A minimum waist 55cm/21.5" and maximum hip/waist 127cm/50". Maximum weight 170 kg/350 lbs.

### Tranopy Zip-Line

After your Aerial Tram (gondola) Ride you will hike to Tower 7, the Canopy start platform. The combination of Canopy with Aerial Tram provides the visitor with the ultimate nature experience. Afterwards hike to Tower 12, top Station and board your gondola to return to Base Station, prepare yourself to be at the top of the Tram line, 130 feet above the treetops, the views are truly magnificent. Canopy Tour (10 zip lines) Tranopy: Rainforest + Aerial Tram + Zip Line = Tranopy (no children under 12). Tour last for 4-5 hours.

## HIKING

### Piton Climb

This tour is certainly for persons who like to hike and love adventure. The pitons are a world heritage site and one of the tallest mountains on the Island. The majestic peak of Gros Piton Standings at 2,619 is the chosen hike of the two. The first view point is facing south to Vieux Fort and out across the Atlantic Ocean to the island of St. Vincent and the other reveals an excellent view of Petit Piton and the island's west coast.

### Rain Forest Hikes

A pleasant walk or moderate hike is a fantastic way to see St. Lucia's forest. Walk below the shade of the ever growing canopy home for hundreds of different species of forest wildlife. There is the chance of seeing or hearing the cry of the elusive "St. Lucian Parrot" and experiencing the thrill of viewing a Boa Constrictor lying in cool indifference on a tree trunk. Your guides are knowledgeable and eager to answer any question you may have. Tour leaves at 7:00am and last for about 7 hours.





## BIKE AND HIKE

### Biking and Waterfall Tour

Take a scenic drive to the fishing village of Dennery where you board your mountain bikes at the Treetop Adventure Park. The trail takes you through the outskirts of lush secondary forest accompanied by birdsong, fresh air and a gurgling river. At the first leg of the ride is an exhilarating walk to a picturesque waterfall. From there it's back to the bikes for a short ride to a natural river pool for a refreshing bath. Then back to your original departure point for a drink and a stroll through the village before beginning your scenic return drive. This tour is over uneven terrain; it is for the moderately fit; not suitable for the very young, infirm, people with heart conditions, or pregnant women. Tour departs at 7:05am and last for 5 hours.

SCHEDULED DAY	TOURS & ATTRACTIONS	APPROX TIME	ADULT/CHILD
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## Half Day Tours

Wed., Fri.	Sugar to Rum	9:00am – 1:30pm	\$72
Wed.	Northern Historical Tour	9:00am – 1:00pm	\$66/\$39
Tues., Thurs.	Shopping	8:00am – 1:00pm	\$39/\$22
On Request	Segway Adventure (2 hrs)	9am, 2pm, 4pm	\$94
Wed., Fri.	Whale/Dolphin Watching	7:15am – 12:00pm	\$77/\$72

## Day Trips to Soufriere Volcano/Pitons/Falls/Gardens

Tues. to Sun.	Soufriere Catamaran Endless Summer/Carnival	8:00am – 5:00pm	\$121/\$61
Wed., Sat.	Cat. Cruise & Island Buggy, Wet & Wild	8:00am – 7:00pm	\$215
Tues., Fri.	Pirate Sunset Cruises, Sea Spray	4:30pm – 7:00pm	\$72/\$44
Tues., Wed., Thurs.	Land & Sea, Catamaran	8:00am – 5:00pm	\$121/\$61
Wed., On Request	Soufriere Sunset Escapade, 10-12 pax	9:00am – 6:30pm	\$215

SCHEDULED DAY	TOURS & ATTRACTIONS	APPROX TIME	ADULT/CHILD
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## Nature & Adventure

Wed.	Rainforest Descartier Trail (3 hrs hike)	7:45am – 12:30pm	\$72/\$44
Daily	Descartier, private, min 2 pax (3–4 hrs hike)	7:45am – 12:30pm	\$99
Tues., Fri.	Millet Hiking Trail, min. 3 pax	7:30am – 1:00pm	\$66
Daily	Rainforest Sky Rides (Gondola / Tram) or Zipline	9:00am – 1:15pm	\$90
Daily	Rainforest Zipline, Tram Adventure, 21"+	8:15am – 1:30pm	\$105
Daily	Rainforest Adrena – Line, Zipline & Rappelin	8:15am – 1:30pm	\$105
On request	Piton Climb, Volcano, Lunch, min. 2 pax	7:15am – 5:30pm	\$215
Daily, On Request	Jacquot Hiking Trail (3 hrs)	9:00am – 1:15pm	\$55
On request	Piton Climb	7:15am – 5:30pm	\$143
On request	Island Buggies Northern Tour (2 hrs)		\$138/\$94
On request	Island Buggies, Drive and Fly		\$193



SCHEDULED DAY	TOURS & ATTRACTIONS	APPROX TIME	ADULT/CHILD
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## Sports, Pleasure & Fun

Daily	Golf (18/9 holes)	no restriction	\$99/\$75
Daily	Horse Back Riding (1 hr)	8:30am, 10am, 2pm	\$55
Daily	Horse Back Riding to the Beach (2 hrs)	8:30am, 10am, 2pm	\$72
Mon., Wed., Fri.	Snuba, Sea Trekking	11:00am – 1:30pm	\$83/\$94
Tues., Thurs.	Snorkelling on the Coral Reef	8:10am – 4:00pm	\$121/\$83
Tues., Thurs.	Scuba Diving on the Coral Reef (off boat)	8:10am – 4:00pm	\$138/\$127
Tues., Thurs.	Jungle Adventure Bike and Snorkel	8:10am – 4:00pm	\$127/\$116
On Request	Private Fishing, Half Day, min. \$715, 5–8 pax	7:00am – 12:30pm	\$165
Wed. & Fri.	Deep Sea Fishing	no restriction	\$127/\$116
Daily	Splash Island Water Park. Taxi is add'l charge.	10:00am – 6:00pm	
Daily	Hourly Pass (per hour)	10:00am – 6:00pm	\$12
Daily	Half Day Pass (4.5 hrs)	10:00am – 6:00pm	\$35
Daily	Full Day Pass (9 hrs)	10:00am – 6:00pm	\$58

SCHEDULED DAY

TOURS &amp; ATTRACTIONS

APPROX TIME

ADULT/CHILD

## Highlights & Excitement

Thurs.	Martinique Splendour Boat Tour	8:00am – 5:00pm	\$204/\$182
Daily	Helicopter Airport Shuttle, Scenic Route	On Request	\$180
Daily	Heli. Island Tour (30 mins.). Taxi not included.	10:00am – 3:00pm	\$220

## Airport Transfers

Let our professional chauffer assist you with your luggage to and from the airport in absolute comfort and safety. Our Chauffeurs are highly trained guides providing you with superior and professional service. Once you experience pure luxury, you'll know you made the right decision. Contact the Concierge desk for more details.

All prices are quoted in USD and inclusive of taxes. Book early to avoid disappointment. Tours cancelled less than 24 hours prior to departure will attract a cancellation fee. All tours schedule and prices are subject to change without notice. A minimum number of persons is required for the operation of all excursions.



THE LANDINGS RESORT AND SPA

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